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The Weekly Prayer Project: A Challenge To Journal, Pray, Reflect, And Connect With God



Synopsis

Are you ready for a project that will actually change your life? Challenge yourself to journal, pray, reflect, and connect with God with The Weekly Prayer Project. Fifty-two scriptures, one for each week of the year, explore different types of prayers found in the Bible, from prayers of gratitude and thankfulness to prayers of lament and intercession. Each week's journaling prompts will guide you to reflect on God's work in your life and to pray with intention. Walk through this book, and see your faith deepen and your joy soar.

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Customer Reviews

Very nice! Love journaling!

Good for those of us who want a focus for the week. And it is harder to get behind when it is just once a week.

Good guide

This beautiful prayer journal causes me to dig deeper into my heart and allow God to speak. So often I pick up devotionals and allow the writer to place the thoughts into my head, without listening to God speak. At first, I wasn't sure how I was going to use this journal (I'm not great at sticking with journaling!). Since it has a scripture and a short application for the entire week, I didn't think I would have a daily guide to direct my thoughts and prayers. But I do! As I pray, read my Bible and

assortment of daily devotionals, I ask the Holy Spirit to speak to me and search my heart (Psalm 137:23-24). I pick up the journal several times as particular thoughts are impressed upon my mind and heart, and and write that prayer down. It may just be a couple of words. Each day brings a new and fresh perspective of what God is impressing upon me. I love it. It's a beautifully illustrated book too!

The aim of the author is to provide readers a way to intentionally be quiet and hear God better. There are 52 devotions divided into seven sections representing the different types of prayer found in the Bible. Each devotion has a Scripture, a short devotion, and two journal prompts with plenty of space given for thoughtful writing. Some of the responses are involved and may take a few days to complete, such as finding three truths about God's character and relating them to burdens.

(53) There is much I like about this book. I like that space is given right after the devotion for journal entries. No extra notebook is needed. I like that Hiltibidal included lament as one of the sections. That is a valuable spiritual discipline we often ignore. There are also a few things I don't like about the book. It is somewhat shallow. For example, when writing about God's mercy, she says, "When you are sick and suffering, He is sad. He cares. He heals." (24) There is nothing about the purposes of God, such as His discipline or the lessons that may be learned in such a situation. She uses at least one verse out of its context. John 16:20, about sorrow turning to joy, records what Jesus specifically said to His disciples about His death and resurrection. Can we really take that verse and make it a universal truth for Christians? Perhaps another verse would have been a better choice. The book also contains some sloppy theology. When writing about the feelings as a follower of God after sinning, she concludes, "...your feelings should compel you to repent, to turn from the wrong you've done. This change ultimately leads to salvation." (112) This might give a reader the wrong impression, that changed behavior must come before salvation. I also had an issue with some language or sentence structure. She writes, "Try to identify an area of your life where God isn't as present as He should be." (89) God is present. Period. There is no "should" about it. Perhaps she could have asked readers to identify areas in life where God's presence is not sensed or felt. That puts the responsibility to experience God's presence on us, where it belongs. I like the style of the book, a Scripture, a devotion and journal prompts. Unfortunately, it suffers from issues that could have been corrected by careful editing. I received a complimentary copy of this book from the publisher. My comments are an independent and honest review.

I love finding new ways that encourage people (and myself) in faith. The moment I first noticed The Weekly Prayer Project, I was intrigued and honestly, the book is everything I had hoped it would be. First of all, this is a wonderfully designed book. It has a very sturdy hardcover, nice thick pages, and a ribbon bookmarked. Inside, the pages have space to write (if there is one flaw in this book, it's that there may not be enough journaling room in it), appealing graphics, and just a generally nice layout. The book is divided into 7 types of prayer: Requests, Gratitude, Lament, Intercession, Faith, Repentance, and Awe. Each of those types is meant to be covered over 7-8 weeks. Each of the weeks covered in each type of prayer has a scripture related to a prayer in the Bible. Each scripture is only a verse or two long. That is followed by a brief thought about the verse, then a small journaling section to think about the passage presented. Finally, the last piece is to write out a prayer. There are prompts for this part. Overall, I'm very pleased with this book. It certainly falls into what I thought and expected it to be. I think it is set up in such a way that it would be useful to new believers and mature believers alike. I could also see where in some ways, it could be used in a small group type setting as well. I'm looking forward to working my way through this book and seeing my faith and relationship with God grow. If you are looking for a way to grow your prayer life, this book might just make a wonderful tool for you. I can also see where this book may also make a great gift for someone as well. **I received a copy of this book in exchange for my honest review. All opinions expressed are my own. **

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